



# Embroidery Techniques & Motifs

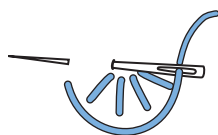
## How to Transfer Embroidery Motifs

To transfer motifs from the book onto your fabric, use carbon transfer paper, which is specially made for embroidery and is available in several colors, which should easily wash out of your fabric. Choose a paper that will provide contrast: white or light-colored transfer paper is best for dark fabrics, while darker paper works best with lighter fabrics.

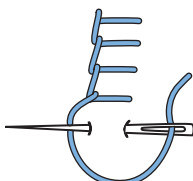
Make a photocopy of the motif, and trace the image on a sheet of tracing paper, carefully following its outline. Iron your fabric, and then spread it out on a flat surface.

Place the transfer paper, colored side down, between the fabric and the tracing paper, and pin to the fabric. With a stylus or an empty ballpoint pen, carefully trace the motif, using consistent pressure so every detail of the image transfers onto the fabric. Separate the papers from the fabric with care to avoid smudges.

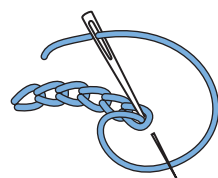
## Embroidery Stitches



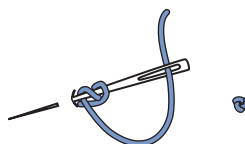
Straight Stitch



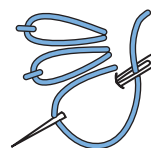
Blanket Stitch



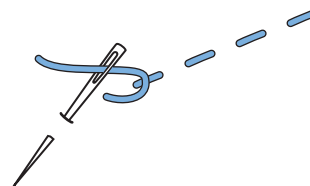
Chain Stitch



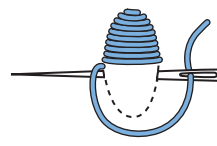
French Knot



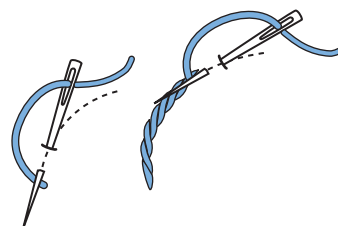
Lazy Daisy



Running Stitch



Satin Stitch

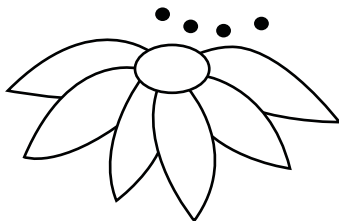
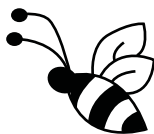
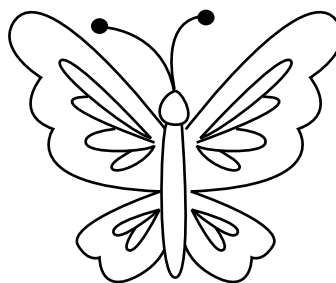
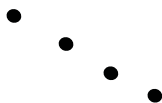
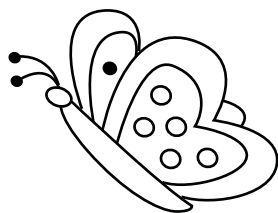


Stem Stitch

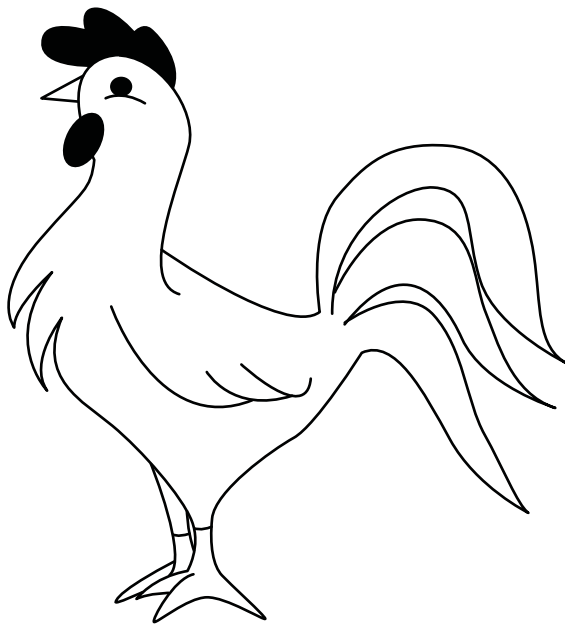
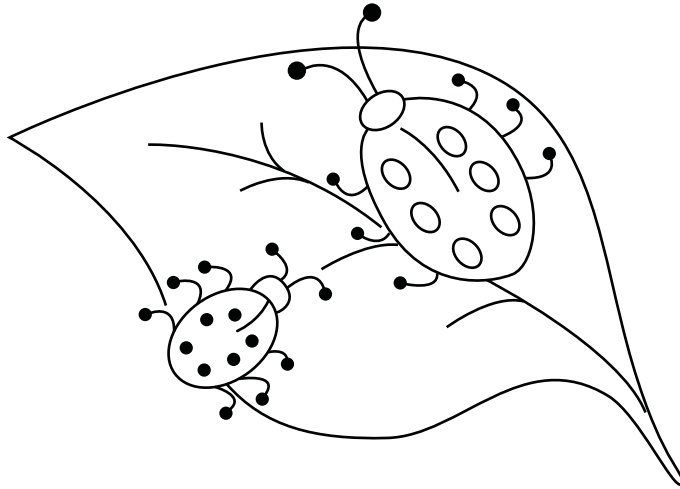


A B C D E  
F G H I J K  
L M N O P  
Q R S T U  
V W X Y Z

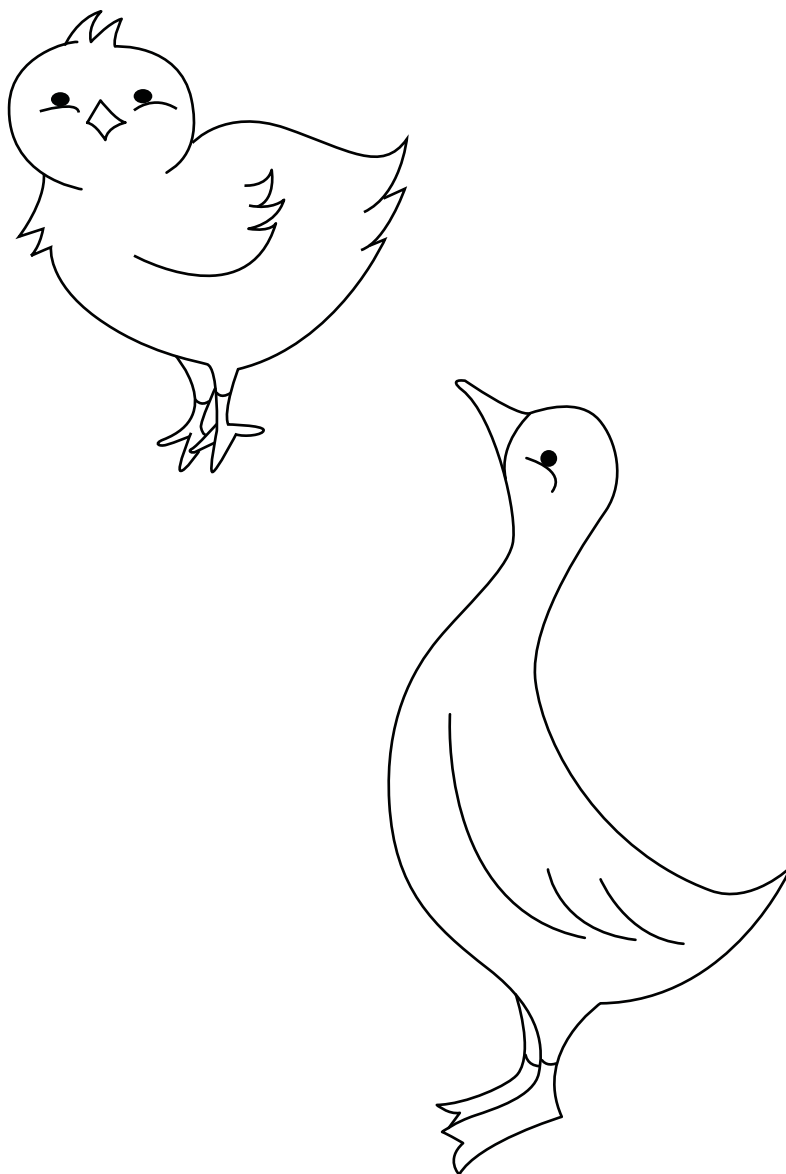
Embroidered Napkins  
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Embroidered Napkins  
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Embroidered Napkins  
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